

1. First decorate your plate

Colour the side you would have your food on with clouds and a swirly sky. Doing lines instead of block colouring means you won't run out all of your felt tips and paint tends to make the plates a little limp and soggy. Crayons and colouring pencils will also work well.

2. Make your planes

Use our template to cut and fold your little planes. If you don't have coloured paper or want to add more detail just colour it in yourself with dots and stripes and camouflage . You can even add a dash of glitter.

3. Hang you planes

Once you have folded and decorated the planes, make a small hole in-between the wings with a sharp pencil. (This is a bit fiddly so ask a adult to help you)

Take a piece of wool or string, tie a knot in it and thread it through the hole so the knot is under the wing. You can use different lengths of string or wool for each plane so that they hang at different heights under your plate.

4. Ask an adult to make a selection of holes in the paper plate

This is so you can hang your planes from it. Take the end of the string attached to the plane and push it through the hole, then tie a knot so it can't slip back through. Make sure you holes are far apart from each other so the planes have room to fly about. Use a paper clip to change the angle of your plane. Do you want it to fly level, or soar up or swoop down. Experiment by moving the clip from one end to the other and see what happens to the angle of your plane

Attach a piece of wool from the top side of the plate and hang your decoration from the ceiling or simply waggle it yourself and watch the planes fly and swoop around!

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